

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 1 Women, 50m Apnea Open
9/4/2025 Results Prelim

CR 18.18 FATHEY, JANA MOHAMED EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	MOHAMED HEGAB, Mariam	2009	EGY	18.70
2.	BEN AHMED, Sarra	2009	TUN	19.12
3.	BEN SLAMA, Ryhem	2004	TUN	19.97
4.	GALAL IBRAHIM, Mariam	2001	EGY	20.89
5.	EL BEKALI, Aicha	2004	MAR	22.35
6.	MEDJAHED, Nesrine	1999	ALG	22.42
7.	TOUAMI, Melissa	2005	ALG	24.23

Event 2 Women, 50m Bifins Open
9/4/2025 Results Prelim

CR 22.89 SHAWKY, LOGIN MOHAMED EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	23.22
2.	MOHAMED HEGAB, Mariam	2009	EGY	24.07
3.	BEN SLAMA, Ryhem	2004	TUN	24.18
4.	MEDJAHED, Nesrine	1999	ALG	24.24
5.	BENMENSOUR, Ryma	2004	ALG	24.68
6.	TURKI, Ranim	2004	TUN	25.80
7.	EL BEKALI, Aicha	2004	MAR	26.45

Event 3 Men, 100m Surface Open
9/4/2025 Results Prelim

CR 36.04 EL SAYED, TAREK HASSAN EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	AYMAN ABDELRAHMAN, Seifeldin	2001	EGY	43.67
2.	HASSAN ELSAYED, Tarek	2007	EGY	43.71
3.	ALOU, Mohamed amine	2007	TUN	43.73
4.	BALI, Aymen	2005	TUN	45.66
5.	HAMOUR, Mohamed abdelhakim	2004	ALG	45.80
6.	BOUHENAF, Hamdane	2006	ALG	52.67
DNS	BENATMANE, Amr	2005	MAR	

Event 4 Men, 100m Bifins Open
9/4/2025 Results Prelim

CR 43.45 SAFWAT, AHMED HESHAM EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	HESHAM SAFWAT, Ahmed	2005	EGY	46.49
2.	NEFFATI, Youssef	2001	TUN	46.88
3.	BOUALI, Redouane	2002	ALG	47.01
4.	BENATMANE, Amr	2005	MAR	47.86
5.	KHALED MOHAMED, Seif	2005	EGY	48.04
6.	BALI, Aymen	2005	TUN	49.12
	ARDJOUNE, Abdallah	2001	ALG	49.12
DNS	ABSEES, Mohamed tareq	2009	LBA	
DNS	AHMED, Abdulrahman	2009	LBA	

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 5 Women, 200m Surface Open
9/4/2025 Results Prelim

CR 1:34.29 ELMORSY, RENAD TAMER EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	JBALI, Tasnim	2009	TUN	1:47.48
2.	SHERIF ABDELHAFEZ, Malak	2005	EGY	1:49.92
3.	MAGDY HAGRASS, Nada	2005	EGY	1:51.01
4.	KEBDI, Bochra	2003	TUN	2:00.69

Event 6 Women, 200m Bifins Open
9/4/2025 Results Prelim

CR 1:49.96 SHAWKY, LOGIN MOHAMED EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	1:53.01
2.	BEN AHMED, Sarra	2009	TUN	1:53.28
3.	ABDELAOUI, Samara	2005	ALG	2:00.91
4.	BEN SLAMA, Ryhem	2004	TUN	2:01.76
5.	EL BEKALI, Aicha	2004	MAR	2:05.10
6.	GALAL IBRAHIM, Mariam	2001	EGY	2:06.92
7.	BENMENSOUR, Ryma	2004	ALG	2:07.89

Event 7 Men, 400m Surface Open
9/4/2025 Results Prelim

CR 3:06.61 HELMY, MOHAB EHAB EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	MAALAOUI, Nadhir	2008	TUN	3:36.47
2.	EHAB HELMY, Mohab	2007	EGY	3:37.26
3.	MOHAMED ELDAFWAY, Hassan	2007	EGY	3:42.15
4.	ALOUI, Mohamed amine	2007	TUN	3:43.19

Event 8 Men, 400m Bifins Open
9/4/2025 Results Prelim

Rank	Name	Year	Country	Time
1.	HESHAM SAFWAT, Ahmed	2005	EGY	3:57.97
2.	BEN HADJ HASSINE HMAD, Youssef	2009	TUN	3:58.31
3.	BOUALI, Redouane	2002	ALG	3:58.63
4.	OMRANE, Ahmed	2006	TUN	4:00.53
5.	HAMOUR, Mohamed abdelhakim	2004	ALG	4:08.37
6.	BENATMANE, Amr	2005	MAR	4:22.40
7.	KHALED MOHAMED, Seif	2005	EGY	4:24.31

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 1 9/4/2025	Women, 50m Apnea	Open Results Final
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Rank	Name	Year	Country	Time
1.	MOHAMED HEGAB, Mariam	2009	EGY	17.47
2.	GALAL IBRAHIM, Mariam	2001	EGY	17.91
3.	BEN AHMED, Sarra	2009	TUN	18.50
4.	BEN SLAMA, Ryhem	2004	TUN	19.41
5.	TOUAMI, Melissa	2005	ALG	22.57
6.	EL BEKALI, Aicha	2004	MAR	22.69

Event 2 9/4/2025	Women, 50m Bifins	Open Results Final
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Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	22.60
2.	MOHAMED HEGAB, Mariam	2009	EGY	22.79
3.	MEDJAHED, Nesrine	1999	ALG	23.23
4.	BEN SLAMA, Ryhem	2004	TUN	24.19
5.	BENMENSOUR, Ryma	2004	ALG	24.34
6.	TURKI, Ranim	2004	TUN	24.72
DNS	EL BEKALI, Aicha	2004	MAR	

Event 3 9/4/2025	Men, 100m Surface	Open Results Final
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Rank	Name	Year	Country	Time
1.	HASSAN ELSAYED, Tarek	2007	EGY	34.41
2.	AYMAN ABDELRAHMAN, Seifeldin	2001	EGY	36.50
3.	ALOUI, Mohamed amine	2007	TUN	37.06
4.	BALI, Aymen	2005	TUN	41.78
5.	BOUHENAF, Hamdane	2006	ALG	44.88
6.	HAMOUR, Mohamed abdelhakim	2004	ALG	44.93

Event 4 9/4/2025	Men, 100m Bifins	Open Results Final
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Rank	Name	Year	Country	Time
1.	HESHAM SAFWAT, Ahmed	2005	EGY	42.76
2.	NEFFATI, Youssef	2001	TUN	43.64
3.	KHALED MOHAMED, Seif	2005	EGY	43.86
4.	BOUALI, Redouane	2002	ALG	44.27
5.	ARDJOUNE, Abdallah	2001	ALG	46.04
6.	BENATMANE, Amr	2005	MAR	47.60
7.	BALI, Aymen	2005	TUN	47.71

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 5 9/4/2025	Women, 200m Surface	Open Results Final
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Rank	Name	Year	Country	Time
1.	SHERIF ABDELHAFEZ, Malak	2005	EGY	1:34.30
2.	MAGDY HAGRASS, Nada	2005	EGY	1:35.31
3.	JBALI, Tasnim	2009	TUN	1:46.94
4.	KEBDI, Bochra	2003	TUN	1:55.33

Event 6 9/4/2025	Women, 200m Bifins	Open Results Final
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Rank	Name	Year	Country	Time
1.	GALAL IBRAHIM, Mariam	2001	EGY	1:49.81
2.	MOHAMED SAID, Farida	2010	EGY	1:50.10
3.	BEN AHMED, Sarra	2009	TUN	1:51.99
4.	BEN SLAMA, Ryhem	2004	TUN	1:52.12
5.	BENMENSOUR, Ryma	2004	ALG	2:01.88
6.	EL BEKALI, Aicha	2004	MAR	2:03.57
7.	ABDELAOUI, Samara	2005	ALG	2:05.35

Event 7 9/4/2025	Men, 400m Surface	Open Results Final
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Rank	Name	Year	Country	Time
1.	EHAB HELMY, Mohab	2007	EGY	3:05.57
2.	ALLOUI, Mohamed amine	2007	TUN	3:10.12
3.	MOHAMED ELDAFWAY, Hassan	2007	EGY	3:10.79
4.	MAALAOUI, Nadhir	2008	TUN	3:16.28

Event 8 9/4/2025	Men, 400m Bifins	Open Results Final
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Rank	Name	Year	Country	Time
1.	HESHAM SAFWAT, Ahmed	2005	EGY	3:34.55
2.	BOUALI, Redouane	2002	ALG	3:35.96
3.	BEN HADJ HASSINE HMAD, Youssef	2009	TUN	3:36.16
4.	OMRANE, Ahmed	2006	TUN	3:45.45
5.	HAMOUR, Mohamed abdelhakim	2004	ALG	4:02.26
6.	KHALED MOHAMED, Seif	2005	EGY	4:11.20
DNS	BENATMANE, Amr	2005	MAR	

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 9 9/4/2025	Mixed, 4 x 100m Surface	Open Results
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Rank			Year			Country	Time
1.	EGYPT					EGY	2:40.37
	HASSAN ELSAYED, Tarek	07		AYMAN ABDELRAHMAN, Seifeldin	01		
	SHERIF ABDELHAFEZ, Malak	05		MOHAMED HEGAB, Mariam	09		
2.	TUNISIA					TUN	2:53.95
	TURKI, Alya	07		ALLOUI, Mohamed amine	07		
	BALI, Aymen	05		BEN SLAMA, Ryhem	04		
3.	ALGERIA					ALG	3:23.65
	HAMOUR, Mohamed abdelhakim	04		CHOUCHAR, Ramzi	97		
	BENMENSOUR, Ryma	04		MEDJAHED, Nesrine	99		

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 10 Men, 50m Apnea Open
9/5/2025 Results Prelim

CR	14.81	HASSAN, SEIFELDIN AYMAN	EGY	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	HASSAN ELSAYED, Tarek	2007	EGY	14.76
2.	AYMAN ABDELRAHMAN, Seifeldin	2001	EGY	15.40
3.	ALLOUI, Mohamed amine	2007	TUN	16.96
4.	BALI, Aymen	2005	TUN	18.26
5.	BOUHENAF, Hamdane	2006	ALG	18.46
6.	BENFEKIH, Mehdi charef eddin	2006	ALG	18.64
DNS	BENATMANE, Amr	2005	MAR	

Event 11 Men, 50m Bifins Open
9/5/2025 Results Prelim

CR	19.55	NEFFATI, YOUSSEF	TUN	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	BENFEKIH, Mehdi charef eddin	2006	ALG	20.12
2.	KHALED MOHAMED, Seif	2005	EGY	20.35
3.	HAMOUR, Mohamed abdelhakim	2004	ALG	20.93
4.	BORGHOL, Mohamed amine	2006	TUN	21.01
5.	AHMED ALSOLYA, Youssef	2004	EGY	21.53
6.	BENATMANE, Amr	2005	MAR	22.12
7.	NEFFATI, Youssef	2001	TUN	23.85
DNS	ALFAGEEH, Tameem	2009	LBA	
DNS	ELGENIEN, Ishaq	2008	LBA	

Event 12 Women, 100m Surface Open
9/5/2025 Results Prelim

CR	41.97	SABER, GAMILA ALY	EGY	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	MOHAMED HEGAB, Mariam	2009	EGY	47.97
2.	SHERIF ABDELHAFEZ, Malak	2005	EGY	51.15
3.	BEN SLAMA, Ryhem	2004	TUN	51.55
4.	KEBDI, Bochra	2003	TUN	52.02
DSQ	EL BEKALI, Aicha	2004	MAR	

Event 13 Women, 100m Bifins Open
9/5/2025 Results Prelim

CR	49.55	SHAWKY, LOGIN MOHAMED	EGY	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	52.31
2.	BEN SLAMA, Meyssa	2006	TUN	52.94
3.	MEDJAHED, Nesrine	1999	ALG	55.48
4.	BEN AHMED, Sarra	2009	TUN	55.81
5.	MOHAMED HEGAB, Mariam	2009	EGY	55.95
6.	TOUAMI, Melissa	2005	ALG	57.24
7.	EL BEKALI, Aicha	2004	MAR	58.65

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 14 Men, 200m Surface Open
9/5/2025 Results Prelim

CR 1:24.95 HASSAN, SEIFELDIN AYMEN EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	MOHAMED ELDAFRAWY, Hassan	2007	EGY	1:33.99
2.	EHAB HELMY, Mohab	2007	EGY	1:34.19
3.	ALOU, Mohamed amine	2007	TUN	1:45.02
4.	BOUHENAF, Hamdane	2006	ALG	1:48.44
5.	HAMOUR, Mohamed abdelhakim	2004	ALG	1:55.52
6.	MAALAOUI, Nadhir	2008	TUN	1:56.02

Event 15 Men, 200m Bifins Open
9/5/2025 Results Prelim

CR 1:38.97 NEFFATI, YOUSSEF TUN Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	BOUALI, Redouane	2002	ALG	1:51.32
2.	HESHAM SAFWAT, Ahmed	2005	EGY	1:51.49
3.	BEN HADJ HASSINE HMAD, Youssef	2009	TUN	1:51.72
4.	OMRANE, Ahmed	2006	TUN	1:52.57
5.	ARDJOUNE, Abdallah	2001	ALG	1:53.26
6.	BENATMANE, Amr	2005	MAR	1:54.46
7.	KHALED MOHAMED, Seif	2005	EGY	1:55.14

Event 16 Women, 400m Surface Open
9/5/2025 Results Prelim

CR 3:23.76 ABDELHAFEZ, MALAK SHERIF EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	SHERIF ABDELHAFEZ, Malak	2005	EGY	3:46.17
2.	MAGDY HAGRASS, Nada	2005	EGY	3:48.05
3.	TURKI, Alya	2007	TUN	3:56.79
4.	JBALI, Tasnim	2009	TUN	4:06.42

Event 17 Women, 400m Bifins Open
9/5/2025 Results Prelim

Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	4:00.74
2.	BEN AHMED, Sarra	2009	TUN	4:19.99
3.	BEN SLAMA, Ryhem	2004	TUN	4:24.43
4.	GALAL IBRAHIM, Mariam	2001	EGY	4:26.05
5.	EL BEKALI, Aicha	2004	MAR	4:27.51
6.	ABDELAOUI, Samara	2005	ALG	4:29.05
7.	BENMENSOUR, Ryma	2004	ALG	4:36.85

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 10 Men, 50m Apnea Open
9/5/2025 Results Final

CR	14.81	HASSAN, SEIFELDIN AYMAN	EGY	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	HASSAN ELSAYED, Tarek	2007	EGY	14.33
2.	AYMAN ABDELRAHMAN, Seifeldin	2001	EGY	15.09
3.	ALOU, Mohamed amine	2007	TUN	15.72
4.	BALI, Aymen	2005	TUN	16.67
5.	BOUHENAF, Hamdane	2006	ALG	17.93

Event 11 Men, 50m Bifins Open
9/5/2025 Results Final

CR	19.55	NEFFATI, YOUSSEF	TUN	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	KHALED MOHAMED, Seif	2005	EGY	19.58
2.	NEFFATI, Youssef	2001	TUN	19.71
3.	BENFEKIH, Mehdi charef eddin	2006	ALG	20.16
4.	BORGHOL, Mohamed amine	2006	TUN	20.50
5.	AHMED ALSOLYA, Youssef	2004	EGY	21.38
6.	BENATMANE, Amr	2005	MAR	21.45
7.	HAMOUR, Mohamed abdelhakim	2004	ALG	21.54

Event 12 Women, 100m Surface Open
9/5/2025 Results Final

CR	41.97	SABER, GAMILA ALY	EGY	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	MOHAMED HEGAB, Mariam	2009	EGY	42.05
2.	SHERIF ABDELHAFEZ, Malak	2005	EGY	42.70
3.	BEN SLAMA, Ryhem	2004	TUN	46.52
4.	KEBDI, Bochra	2003	TUN	50.07

Event 13 Women, 100m Bifins Open
9/5/2025 Results Final

CR	49.55	SHAWKY, LOGIN MOHAMED	EGY	Sharm El Sheikh (EGY)	3/11/2023
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Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	50.24
2.	BEN AHMED, Sarra	2009	TUN	51.87
3.	MOHAMED HEGAB, Mariam	2009	EGY	52.13
4.	MEDJAHED, Nesrine	1999	ALG	52.18
5.	BEN SLAMA, Meyssa	2006	TUN	52.88
6.	TOUAMI, Melissa	2005	ALG	56.60
7.	EL BEKALI, Aicha	2004	MAR	56.94

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 14 Men, 200m Surface Open
9/5/2025 Results Final

CR 1:24.95 HASSAN, SEIFELDIN AYMEN EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	ALLOUI, Mohamed amine	2007	TUN	1:24.12
2.	EHAB HELMY, Mohab	2007	EGY	1:24.44
3.	MOHAMED ELDAFWAY, Hassan	2007	EGY	1:28.75
4.	MAALAOUI, Nadhir	2008	TUN	1:31.57
DNS	HAMOUR, Mohamed abdelhakim	2004	ALG	
DNF	BOUHENAF, Hamdane	2006	ALG	

Event 15 Men, 200m Bifins Open
9/5/2025 Results Final

CR 1:38.97 NEFFATI, YOUSSEF TUN Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	HESHAM SAFWAT, Ahmed	2005	EGY	1:37.48
2.	BOUALI, Redouane	2002	ALG	1:38.96
3.	BEN HADJ HASSINE HMAD, Youssef	2009	TUN	1:42.17
4.	OMRANE, Ahmed	2006	TUN	1:46.04
5.	KHALED MOHAMED, Seif	2005	EGY	1:46.73
6.	ARDJOUNE, Abdallah	2001	ALG	1:47.56
7.	BENATMANE, Amr	2005	MAR	1:49.76

Event 16 Women, 400m Surface Open
9/5/2025 Results Final

CR 3:23.76 ABDELHAFEZ, MALAK SHERIF EGY Sharm El Sheikh (EGY) 3/11/2023

Rank	Name	Year	Country	Time
1.	MAGDY HAGRASS, Nada	2005	EGY	3:21.68
2.	SHERIF ABDELHAFEZ, Malak	2005	EGY	3:30.57
3.	JBALI, Tasnim	2009	TUN	3:47.96
4.	TURKI, Alya	2007	TUN	3:54.97

Event 17 Women, 400m Bifins Open
9/5/2025 Results Final

Rank	Name	Year	Country	Time
1.	MOHAMED SAID, Farida	2010	EGY	3:54.93
2.	BEN AHMED, Sarra	2009	TUN	3:58.64
3.	BEN SLAMA, Ryhem	2004	TUN	3:59.10
4.	GALAL IBRAHIM, Mariam	2001	EGY	3:59.47
5.	ABDELAOUI, Samara	2005	ALG	4:19.35
6.	BENMENSOUR, Ryma	2004	ALG	4:22.01
7.	EL BEKALI, Aicha	2004	MAR	4:22.77

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 18 Mixed, 4 x 50m Bifins 15 years and older
9/5/2025 Results

CR 1:25.00 EGYPT NATIONAL TEAM EGY Sharm El Sheikh (EGY) 3/11/2023

Rank			Year			Country	Time
1.	EGYPT					EGY	1:24.56
	HESHAM SAFWAT, Ahmed	05		KHALED MOHAMED, Seif	05		
	GALAL IBRAHIM, Mariam	01		MOHAMED SAID, Farida	10		
2.	TUNISIA					TUN	1:26.34
	NEFFATI, Youssef	01		BORGHOL, Mohamed amine	06		
	BEN SLAMA, Ryhem	04		BEN AHMED, Sarra	09		
3.	ALGERIA					ALG	1:26.52
	HAMOUR, Mohamed abdelhakim	04		BENFEKIH, Mehdi charef eddin	06		
	MEDJAHED, Nesrine	99		BENMENSOUR, Ryma	04		

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 19 9/6/2025	Men, 1000m Surface	Open Results
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Rank	Name	Year	Country	Time
1.	EHAB HELMY, Mohab	2007	EGY	8:51.34
2.	MOHAMED ELDAFRAWY, Hassan	2007	EGY	8:56.56
3.	MAALAOUI, Nadhir	2008	TUN	9:25.28
4.	ALOUJ, Mohamed amine	2007	TUN	9:41.96

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 20 9/6/2025	Women, 1000m Surface	Open Results
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Rank	Name	Year	Country	Time
1.	MAGDY HAGRASS, Nada	2005	EGY	9:21.43
2.	SHERIF ABDELHAFEZ, Malak	2005	EGY	9:30.97
3.	JBALI, Tasnim	2009	TUN	10:56.33
4.	TURKI, Alya	2007	TUN	11:16.80

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 21 9/6/2025	Men, 1000m Bifins	Open Results
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Rank	Name	Year	Country	Time
1.	BEN HADJ HASSINE HMAD, Youssef	2009	TUN	10:16.89
2.	BOUALI, Redouane	2002	ALG	10:19.25
3.	HESHAM SAFWAT, Ahmed	2005	EGY	10:23.85
4.	OMRANE, Ahmed	2006	TUN	10:23.95
5.	CHOUCHAR, Ramzi	1997	ALG	10:29.63
6.	KHALED MOHAMED, Seif	2005	EGY	11:51.31
DNS	BENATMANE, Amr	2005	MAR	

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 22
9/6/2025

Women, 1000m Bifins

Open
Results

Rank	Name	Year	Country	Time
1.	BEN AHMED, Sarra	2009	TUN	10:53.85
2.	MOHAMED SAID, Farida	2010	EGY	11:04.59
3.	BEN SLAMA, Ryhem	2004	TUN	11:12.21
4.	GALAL IBRAHIM, Mariam	2001	EGY	11:53.25
5.	BENMENSOUR, Ryma	2004	ALG	11:53.27
6.	EL BEKALI, Aicha	2004	MAR	12:19.35
DNF	ABDELAOUI, Samara	2005	ALG	

CMAS ARAB CHAMPIONSHIP FINSWIMMING INDOOR AND OPEN WATER
Tunis-Tunisia, 4 - 6/9/2025

Event 23 9/6/2025	Mixed, 4 x 500m Multiple	Open Results
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Rank		Year	Country	Time
1.	EGYPT		EGY	20:08.93
	HESHAM SAFWAT, Ahmed	05		
	MOHAMED SAID, Farida	10		
	EHAB HELMY, Mohab	07		
	MAGDY HAGRASS, Nada	05		
2.	TUNISIA		TUN	20:19.48
	BEN HADJ HASSINE HMAD, Youssef	09		
	BEN AHMED, Sarra	09		
	MAALAOUI, Nadhir	08		
	JBALI, Tasnim	09		